

What to expect during “Break” Time?

“Break” time is important and necessary for children at this early childhood age. Young children need a balance between active time and down time, in order to recharge for the next activity and regain their focus. Break Time is designed specifically and thoughtfully to suit the needs of each type of Ya-Ya @home classes.

Ya-Ya Cheetah Class. This is a 2-hour long class, and it would be unreasonable to expect any child to sit quietly through a 2-hour virtual class (or even in an in-person class). Just like in a regular classroom, children need a break time to get up and move around.

Ya-Ya Cheetah ⚡ 芽芽獵豹班 🐆	
Minutes	Segment
10	Circle Time / Interactive Time
5	Warm up Movement
15	Topic Time
15	Break (Video On)
10	Vocabulary
20	Arts Projects (from Beaver) *Hands-on
15	Break (Video On)
20	Science Demonstration (from Squirrel)
10	Story Time

There are 2 **regular Break** time slots designed as part of the class. During the Break time, the teacher will first set the timer on the screen, so that it is clear to the students to see the break time counting down so they know what to expect. Children feel secure knowing what is coming ahead. During the break time, the teacher will leave the video on, so the children know that class has **not** ended. Break time is very much like the snack time in a typical in-person classroom, where it is the time to get a snack, use the toilet, get up to move around, rest your eyes for few minutes, stretch your arms and legs, chat with each other casually, and **everyone is free to go in/out of the screen (including the teacher)**. The teacher may use this time to chat with the students casually or the teacher may be preparing work quietly for the next activity, which is always fun for the children to observe. Other teachers may also pop into the virtual classroom during Break time to say hello.

In addition to the regular break times, there may also be “mini-break” inserted in between activities, and this will be inserted based on the unique needs of each class, and especially during the Phase-In period. Each mini-break could be 2 minutes or 5 minutes, depending on the situation and the goal is always to bring the children’s focus back to the class.

Beaver Art or Squirrel Science Classes. In these two types of 1-hour class, there is no regular break. However, the teacher may insert “mini-break” in between activities, especially right after Topic / Vocabulary time, or right after the art / science project. More “mini-break” may be inserted based on the unique needs of each class, especially during the Phase-In period. Each mini-break could be 2 minutes or 5 minutes, depending on the situation and the goal is always to bring the children’s focus back to the class.

Beaver Arts 🎵 海狸藝術班 🍯		Squirrel Science 🐿️ 松鼠科學班 🌳	
10	Circle Time / Interactive Time	10	Circle Time / Interactive Time
5	Warm up Movement	5	Warm up Movement
15	Topic Time / Vocab	15	Topic Time / Vocab
20	Arts Projects (Hands-on)	20	Science Projects (Demonstration)
10	Story Time	10	Story Time

Bear Story Class. In this 1-hour class, there is no regular break. However, the teacher may insert “mini-break” in between activities, especially right after Topic / Vocabulary time, or right after the longer story time segment. More “mini-break” may be inserted based on the unique needs of each class, especially during the Phase-In period. Each mini-break could be 2 minutes or 5 minutes, depending on the situation and the goal is always to bring the children’s focus back to the class.

Bear Monday 🐻 小熊故事課 🍯	
Min	Segment
10	Circle Time / Interactive Time
5	Warm up Movement
10	Topic/Vocabulary
20	Story Time
15	Art or Science Project Demonstration

