My Body 我的身體

Week 1 (10/5 - 10/9): Facial Features 我的五官

This week, children will learn to say the facial features on face in Mandarin. We will talk about how those features work and how to protect them:

1. 這是我的**臉**，我的臉上有**五官**。This is my face; I have facial features on my face.
2. 這是我的**眼睛**，我用眼睛**看**。These are my eyes; I use my eye to see.
3. 這是我的**眉毛**，眉毛會**保護**眼睛。These are my eyebrows; I use eyebrows to protect my eyes.
4. 這是我的**鼻子**，我用鼻子**聞**。This is my nose; I use my nose to smell and breathe.
5. 這是我的**嘴巴**，我用嘴巴**說話，唱歌，吃**和**喝**。This is my mouth; I use my mouth to speak, sing, eat and drink.
6. 這我的**耳朵**，我用耳朵**聽**。These are my ears; I use my ears to listen.
7. 這是我的五官，我用五官**做表情 – 開心/難過/生氣/平靜/興奮**。

These are my facial features; I use them to express my feelings, such as happy, sad, mad, calm and excited.

Week 2 (10/13 - 10/16): My Body Parts 我的身體部位 (10/12 No Class)

This week, children will identity their body parts in Mandarin and discuss about what we can do with them：

1. 這是我的**頭**，我會**搖一搖**我的頭。This is my head; I can shake my head.
2. 這是我的**脖子**，我會**扭一扭**我的脖子。This is my neck; I can move my neck.
3. 這是我的**肩膀**，我會**聳一聳**我的肩膀。These are my shoulders; I can shrug my shoulders.
4. 這是我的**手臂**，我會**甩一甩**我的手臂。These are my arms; I can swing my arms.
5. 這是我的**手**，我會**揮一揮**我的手。These are my hands; I can wave my hands.
6. 這是我的**胸**，我會**挺一挺**我的胸。This is my chest; I can chest out.
7. 這是我的**肚子**，我會**鼓一鼓**我的肚子。This is my belly; I can stick my belly out.
8. 這是我的**腿**，這裡是我的**大腿**，這裡是我的**小腿**。我會**抖一抖**我的腿。These are my legs; here are my thighs and here are my calves. I can shake my legs.
9. 這是我的**膝蓋**，我會**敲一敲**我的膝蓋。These are my knees; I can knock my knees.
10. 這是我的**臀部**，我會**扭一扭**我的臀部。This is my butt; I can wave my butt.
11. 這是我的**腳**，我會**轉一轉**我的腳。These are my feet; I can shake my feet.
12. 這是我的**身體**，我會**動一動**我的身體。This is my body; I can move my body.

Week 3 (10/19 -10/23): The vital Organs in My Body 身體裡的重要器官

What's in my head? What's in my chest? This week, children will learn about brain and heart. We will also practice describing their functions in Mandarin.

1. 這是我的**大腦**，大腦在我的頭裡，我用大腦**思考**, 大腦**控制**我的身體。This is my brain, my brain is in my head. I use my brain to think. My brain controls my body.
2. 這是我的**心臟**，心臟在胸腔裡面，心臟會**跳動**，**輸送**血液。This is my heart. My heart is in my chest. My heart can beat and it pumps blood around my body.

Week 4 (10/26 -10/30): Review Week 複習週

This week, children will review what they have learned from week 1 & 2 & 3 and practice to talk about their facial features, body parts, vital organs and their functions in Mandarin.

大家好，這是我的脸，我的脸上有五官。我的眼睛是____色的。我用眼睛看。我的眉毛是___色的，它保護我的眼睛。我的鼻子在這裡，我用鼻子呼吸和聞氣味。我的嘴巴在這裡，我用嘴巴說話，唱歌，吃東西和喝東西。我的耳朵在這裡，我用耳朵聽聲音。

dà jiā hǎo ，zhè shì wǒ de liǎn ，wǒ de liǎn shàng yǒu wǔ guān 。wǒ de yǎn jīng shì ____sè de 。wǒ yòng yǎn jīng kàn 。wǒ de méi máo shì ___sè de ，tā bǎo hù wǒ de yǎn jīng 。wǒ de bí zǐ zài zhè lǐ ，wǒ yòng bí zǐ hū xī hé wén qì wèi 。wǒ de zuǐ bā zài zhè lǐ ，wǒ yòng zuǐ bā shuō huà ，chàng gē ，chī dōng xī hé hē dōng xī 。wǒ de ěr duō zài zhè lǐ ，wǒ yòng ěr duǒ tīng shēng yīn 。

這是我的身體部位。我會搖一搖頭，扭一扭脖子，聳一聳肩膀，甩一甩手臂，揮一揮手，挺一挺胸，鼓一鼓肚子，抖一抖腿，敲一敲膝蓋，扭一扭臀部，轉一轉腳，動一動我的身體。

zhè shì wǒ de shēn tǐ bù wèi 。wǒ huì yáo yī yáo tóu ，niǔ yī niǔ bó zǐ ，sǒng yī sǒng jiān bǎng ，shuǎi yī shuǎi shǒu bì ，huī yī huī shǒu ，tǐng yī tǐng xiōng ，gǔ yī gǔ dù zǐ ，dǒu yī dǒu tuǐ ，qiāo yī qiāo xī gài ，niǔ yī niǔ tún bù ，zhuǎn yī zhuǎn jiǎo ，dòng yī dòng wǒ de shēn tǐ 。

這是我的頭，我的頭裡有大腦。我用大腦思考，大腦控制我的身體。這是我的胸，我的胸裡有心臟，心臟會跳動，輸送血液。

zhè shì wǒ de tóu ，wǒ de tóu lǐ yǒu dà nǎo 。wǒ yòng dà nǎo sī kǎo ，dà nǎo kòng zhì wǒ de shēn tǐ 。zhè shì wǒ de xiōng ，wǒ de xiōng lǐ yǒu xīn zàng ，xīn zàng huì tiào dòng ，shū sòng xuè yè 。

Resources

Ya-Ya Songs:

*Ya-Ya songs have been uploaded on the parent login page.

1. 這是眼這是鼻 My Eyes and My Nose
2. 頭肩膀膝腳趾 Head Shoulders Knees and Toes

External Songs and Videos:

Songs:

五官歌 Kim Hsieh – My Face "Happy Children, Happy Singing"
https://www.youtube.com/watch?v=B2SPDR6orCg
我的身體兒歌 My body
https://www.youtube.com/watch?v=bkMNUkneeOc
大腦很忙 My Brain is Busy
https://www.youtube.com/watch?v=kM06L3Jy0Ac
心臟砰砰跳 My Heart Beats
https://www.youtube.com/watch?v=34YVaClWlFo

Videos:
心臟為什麼會跳 Why heart beats?
https://www.youtube.com/watch?v=wJvsgbLQIsE

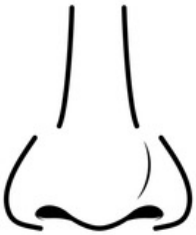
October Vocabulary List

Week 1

臉ㄌㄧㄢˇ liǎn

眼ㄧㄢˇ睛ㄐㄧㄥ yǎn jīng

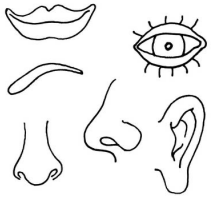
眉ㄇㄟˊ毛ㄇㄠˊ méi máo



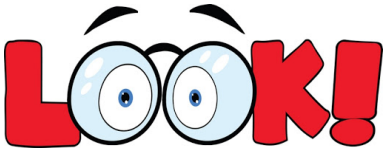
鼻ㄅㄧˊ子ㄗˇ bí zǐ

嘴ㄗㄨㄟˇ巴ㄅㄚ zuǐ bā

耳ㄦˇ朵ㄉㄨㄛˇ ěr duō

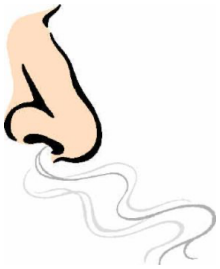


五ㄨˇ官ㄍㄨㄢ wǔ guān

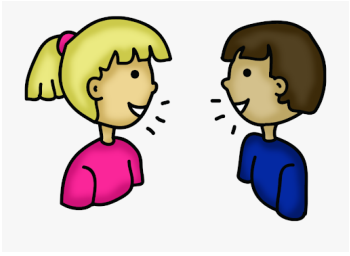


看ㄎㄢˋ kàn

保ㄅㄠˇ護ㄏㄨˋ bǎo hù



聞ㄨㄣˊ wén



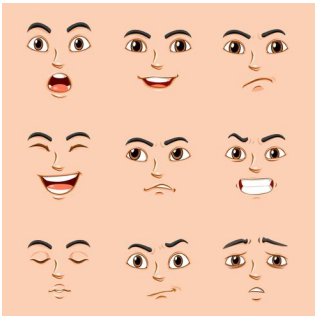
說ㄕㄨㄛ話ㄏㄨㄚˋ shuō huà

吃ㄔ chī

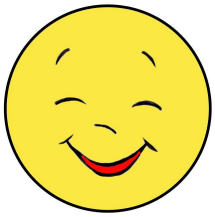
唱ㄔㄤˋ歌ㄍㄜ chàng gē

喝ㄏㄜ hē

聽ㄊㄧㄥ tīng



表ㄅㄧㄠˇ情ㄑㄧㄥˊ biǎo qíng



開心 kāi xīn

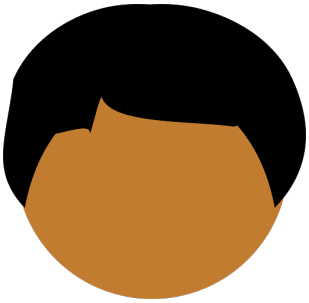
難過 nán guò

生氣 shēng qì

平靜 píng jìng

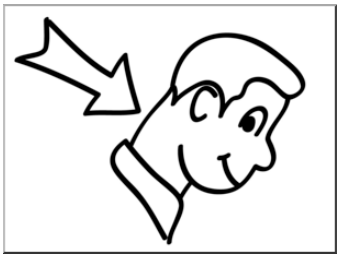
興奮 xīng fèn

Week 2



頭 tóu

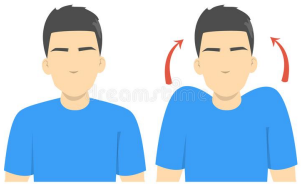
搖一搖 yáo yī yáo



脖子 bó zǐ

扭一扭 niǔ yī niǔ

肩膀 jiān bang



聳一聳 sǒng yī song

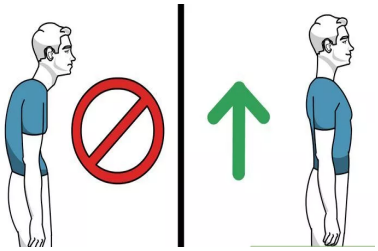
手臂 shǒu bì

甩一甩 shuǎi yī shuǎi

手 shǒu

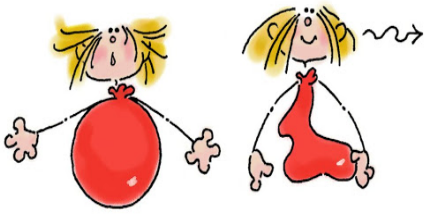
揮 一 揮 huī yī huī

胸 xiōng



挺 一 挺 tǐng yī tǐng

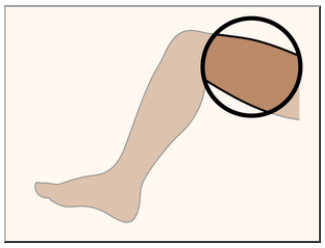
肚子 dù zi



鼓 一 鼓 gǔ yī gǔ

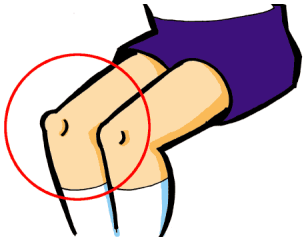
腿 tuǐ

小腿 xiǎo tuǐ



大腿 dà tuǐ

抖 一 抖 dǒu yī dǒu

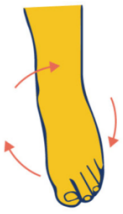


膝蓋 xī gài

敲 一 敲 qiāo yī qiāo

臀部 tún bù

腳 jiǎo



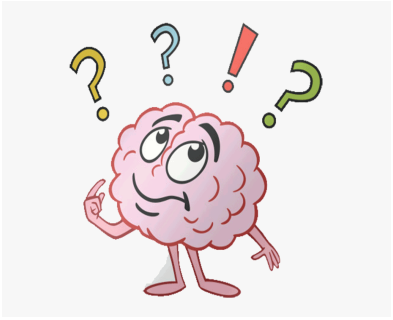
轉 一 轉 zhuǎn yī zhuǎn

身體 shēn tǐ

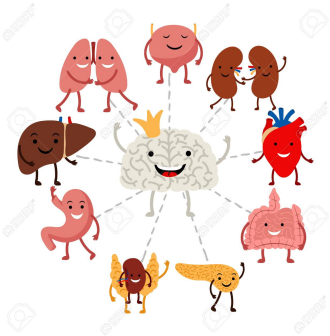
動 一 動 dòng yī dòng

Week 3

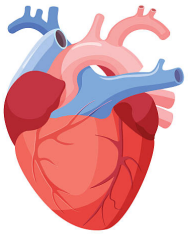
大ㄉㄚˋ腦ㄋㄠˇ dà nǎo



思ㄙ考ㄎㄠˇ sī kǎo

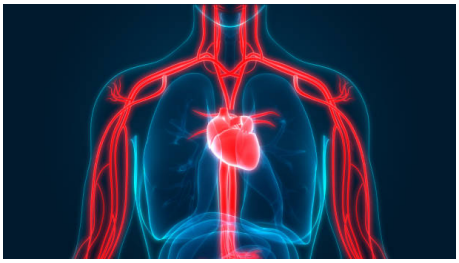


控ㄎㄨㄥˋ制ㄓˋ kòng zhì (control)



心ㄒㄧㄣ臟ㄗㄤˋ xīn zàng

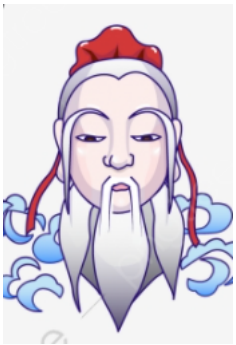
跳ㄊㄧㄠˋ動ㄉㄨㄥˋ tiào dòng



輸ㄕㄨ送ㄙㄨㄥˋ shū sòng

Challenge Time

*Advanced Vocabulary



長ㄔㄤˊ壽ㄕㄡˋ眉ㄇㄟˊ
cháng shòu méi

眼ㄧㄢˇ白ㄅㄞˊ
yǎn bái

眼ㄧㄢˇ珠ㄓㄨ
yǎn zhū

睫ㄐㄧㄝˊ毛ㄇㄠˊ
jié máo

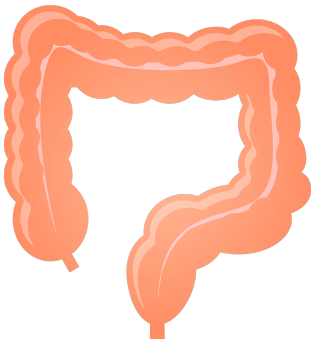
虹ㄏㄨㄥˊ膜ㄇㄛˊ hóng mó

瞳ㄊㄨㄥˊ孔ㄎㄨㄥˇ tóng kǒng(pupil)

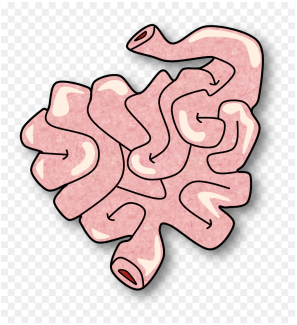
拇ㄇㄨˇ指ㄓˇ mǔ zhǐ/食ㄕˊ指ㄓˇ shí zhǐ /中ㄓㄨㄥ指ㄓˇ zhōng zhǐ/
無ㄨˊ名ㄇㄧㄥˊ指ㄓˇ wú míng zhǐ/小ㄒㄧㄠˇ指ㄓˇ xiǎo zhǐ

肺ㄈㄟˋ fèi

胃ㄨㄟˋ wèi

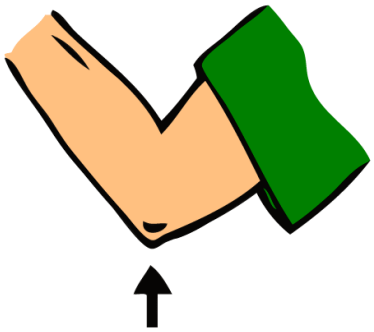


大ㄉㄚˋ腸ㄔㄤˊ dà cháng

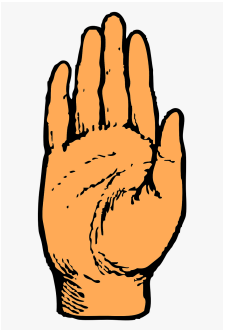


小ㄒㄧㄠˇ腸ㄔㄤˊ xiǎo cháng

手ㄕㄡˇ腕ㄨㄢˋ shǒu wàn



手ㄕㄡˇ肘ㄓㄡˇ shǒu zhǒu

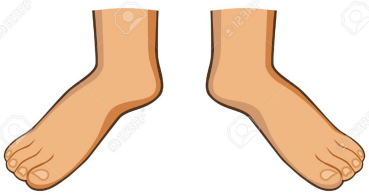


手ㄕㄡˇ心ㄒㄧㄣ shǒu xīn

手ㄕㄡˇ背ㄅㄟˋ shǒu bèi

腳ㄐㄧㄠˇ踝ㄏㄨㄞˊ jiǎo huái

腳ㄐㄧㄠˇ掌ㄓㄤˇ jiǎo zhǎng



腳ㄐㄧㄠˇ背ㄅㄟˋ jiǎo bèi

皺ㄓㄡˋ皺ㄓㄡˋ巴ㄅㄚ巴ㄅㄚ

zhòu zhòu bā bā